## Best Emerging Complementary Therapy Centre 2023 - Cheshire

Based in Chester, Harmonic Egg Healing is the UK's first Harmonic Egg, which uses frequency and energy therapy to deliver positive, life-changing results in a natural, holistic way. It helps the mind and body heal itself from a wide variety of health issues, from anxiety and emotional issues to injuries and pain. Here, we speak to the company's Director, Marie Friend, who has worked hard to bring the Harmonic Egg to the UK to allow more people to experience its benefits.

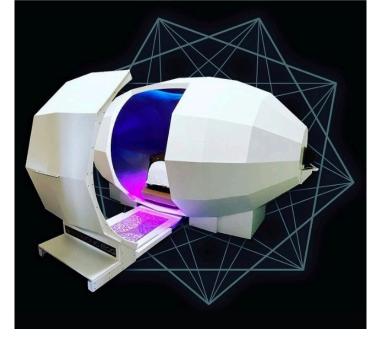
ince ancient times, energy therapies have been used as a method of treating afflictions of the body and spirit. For example, energy is a significant part of Asian healing practices like acupuncture, yoga, and Qigong. These methods operate based on the theory that illness is the result of blockages or imbalances in the body's life energy.

New to the UK from the USA, the Harmonic Egg operates based on similar principles. Using sound and light frequencies within a resonant chamber, the Egg provides the body with an environment in which it can heal from ailments. Those immersed in the egg are comfortably reclined on a zero-gravity chair, where they will experience a blend of energy created by light frequency, vibration, and sound. This will simulate their autonomic nervous system to promote homeostasis within the body, enabling the natural healing of the mind, body, and spirit. Within the Egg, both light and sound can be customised based on the type of healing the client wants to achieve. The Harmonic Egg will facilitate a subtle energy shift as the inhabitant is induced into a deep state of relaxation.

An important aspect of the Harmonic Egg's energy therapy is the proprietary music selected to provide optimal resonance. For clients who have purchased music to take home, it is recommended that they listen to one track per day and follow the same steps they did during their session. This will extend the healing effects of the Egg.

Those who have tried the Harmonic Egg believe it is a peaceful and euphoric experience. Some find relief after just a few sessions, while others find its healing properties valuable enough to engage in regular visits. Thanks to the Egg, both adults and children have previously been relieved from anxiety, difficult emotional issues, injuries and pain, spiritual dissonance, as well as mental and developmental disorders.

Scientists in neuroscience, molecular biology, and physics are now actively supporting energy or frequency medicine as a legitimate method of healing the body. Unlike with pharmaceutical agents,



treatment from the Harmonic Egg is risk free, with no side effects to worry about. It is non-invasive and does not involve internet or Bluetooth, so it is suitable for people of all ages and even pregnant women. Frequency healing methods like the Harmonic Egg are revolutionary and have the potential to change the trajectory of medical care moving forwards.



Marie Friend, Director of Harmonic Egg Healing, is passionate about helping people transform their health in order to achieve mental, physical, and emotional wellbeing by energising the healing power within. She works hard to connect people across the UK with the power of the Egg through social media and her website, however many people discover it through word of mouth.

For Marie, the process of bringing the Harmonic Egg to the UK from the USA has been no small task. Following extensive planning throughout lockdown, the Egg was finally open for business on 1st May 2021. The concept of the Harmonic Egg is brand new to the UK, with people only just coming to understand the power of sound in healing the body.

"It's been like climbing a mountain to say the least," comments Marie. "That said, the world is changing massively, and people are understanding now more than ever that, as humans, we are very powerful creatures and can heal from many ailments if we put our bodies in the correct environment."

Delivering unique frequency healing treatments, Harmonic Egg Healing allows people of all ages to heal their bodies and minds naturally, changing their lives for the better. For this reason, the company has been awarded Best Emerging Complementary Therapy Centre in the Health Beauty and Wellness Awards 2023. We congratulate Marie on this achievement and look forward to seeing what the future holds for her and her pioneering company.



Contact: Marie Friend Company: Harmonic Egg Healing Web Address: harmonicegghealing.co.uk Telephone: +447883 317 113